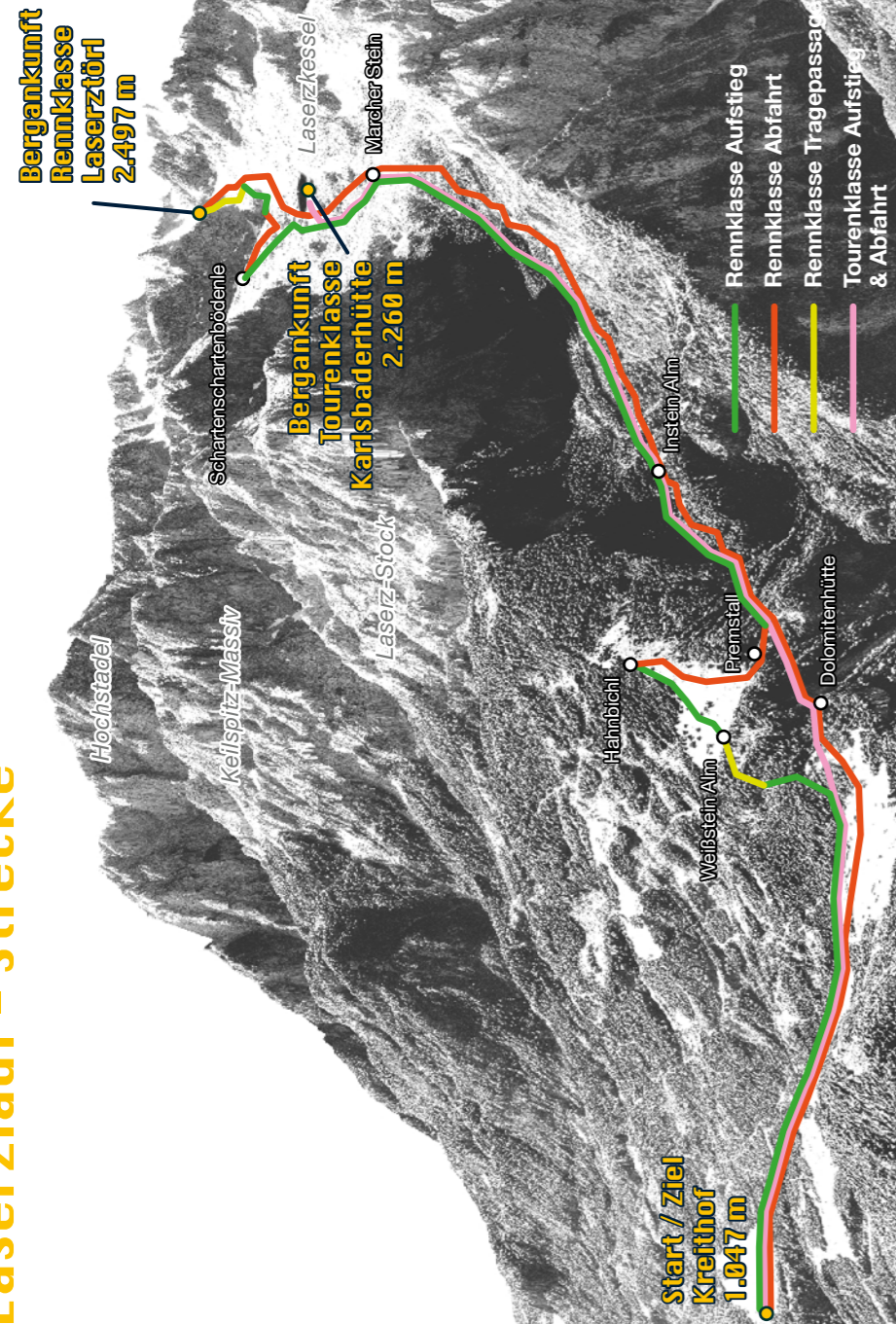


Laserzlauf - Strecke



SKITRAB



ORTLES NEXT 90

Dein Partner für jedes Abenteuer.

Dieser Ski bietet die ideale Balance zwischen Aufstieg und Abfahrt – für ein unvergessliches Skitouren-Erlebnis. Verlassen Sie sich auf höchsten Komfort und herausragende Performance.



ALPINE GESELLSCHAFT ALPENRAUTE

35. LASERZ-LAUF

in den Lienzer Dolomiten

HOCHGEBIRGSLAUF für Tourenski

Racing Class (Uphill 1.820 Hm)

Touring Class (Uphill 1.215 Hm)

Individual and Team Classification

Sunday, **23.02.2025**



facebook.com/Laserzlauf
instagram.com/alpenraute_laserzlauf



35. LASERZLAUF 2025

Organization: Alpine Gesellschaft Alpenraute Lienz, A-9900 Lienz

Info: www.alpenraute.at

Track-description
Racing class: **Uphill** – Dolomitenhütte, Rudl-Eller-Weg (Milchsteig), Hahnbichl (above the Weißsteinalm), Descent Premstall (tea station), Karlsbader Hütte (tea station), Schartenschartenbödele, Laserzsee, Uphill Finish Laserztörl
Downhill – Karlsbader Hütte, Marcher Stein, Dolomitenhütte and Ziel Kreithof

Trackdescription
Touring class: **Uphill** – Dolomitenhütte, Premstall (tea station), Marcher Stein, Uphill Finish area Karlsbader Hütte (tea station)
Downhill – as in the racing class

Registration: www.alpenraute.at
Team ranking only with registration until Friday 21.02.2025 - 22:00
Maximum number of participants 200 people

Starting fee: EURO 45,- if registered until Friday, 21.02.2025 – 22:00
Late registration EURO 50,-
Youngsters (born 2009 – 2008) with participation of a parent EURO 25,-

Deadline for entries: Friday, 21.02.2025 until 22:00
Late registration at the start until 7:30

Rating: RACING CLASS:
Women (birthday 23.02.2007 and older)
Men (birthday 23.02.2007 and older)

TOURING CLASS:
Women (born 2009 and older)
Men (born 2009 and older)

Participants under the age of 18 require a written consent from their legal guardian. Download at www.alpenraute.at/laserzlauf

Start number output: on Saturday, 22.02.2025 between 18:00 and 20:00 o'clock at the Gasthof Kirchenwirt, Pfarrgasse 7, 9900 Lienz
or on Sunday, 23.02.2025 between 7:00 and 8:00 o'clock at the start

Schedule: Equipment check from 8:00 to 8:20 am (obligatory)
Start 8:30 am at Kreithof

Maximum time for all participants: 5 hours 30 minutes
(max. ascent time to Premstall 1 hour 45 minutes and to Karlsbader Hütte 4 hours)

Award ceremony from 2:00 pm at the sports field Tristach (trophies and non-cash prizes)

timing: Self-timed by the organizer

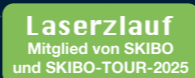
Medical care: Mountain rescue Lienz with mountain rescue emergency doctors

Parking: KREITHOF parking lot (note: parking fee applies!)

SPORTS FIELD TRISTACH
(shuttleservice is provided by the organizer)

Room-reservation: Tourist information East Tyrol
Telephone +43 050 212 400
www.osttirol.com

Ehrenschutz: BGM Ing. Mag. Markus Einhauer



Skitourenbewerbe Osttirol & Oberkärnten
9. Skitouren-Veranstalter aus unserer Region unter einer Marke vereint! Mach mit bei der SKIBO-TOUR-2025 und sammle Bewerbs-Höhenmeter und hol Dir damit die SKIBO-TOUR-MEDAILLE in GOLD, SILBER oder BRONZE! Informationen auf www.skibo.at

Weitere SKIBO-Tourenläufe

SCL Zettlersfeld Trophy	11.01.2025
Kaiser Tourenlauf	18.01.2025
Irschner Tourenlauf	02.02.2025
Compedal Tourenlauf	08.02.2025
Tristacher Nachttourenlauf	14.02.2025
Strasskopf Tourenlauf	16.02.2025
Oberseetrophy	08.03.2025
Kartitscher Tourenlauf	15.03.2025

CONDITIONS OF PARTICIPATION

- Minimum age RACING CLASS: 18 years of age (birthday 23.02.2007 and older)
Minimum age TOURING CLASS: 16 years of age (birthday 23.02.2009 and older), up to the age of 18 a written consent from legal guardian is required (download at www.alpenraute.at/laserzlauf)
 - Participation is at your own risk; the organizer is not liable for accidents involving participants or third parties.
 - It is expressly stated that the Laserzlauf is a high alpine event and participants are therefore expected to have alpine experience. The course is not prepared.
 - The route is marked with direction signs and flags at important points. The organizer is not liable for any deviation from the intended route.
 - Each participant is obliged to help people in danger. The time spent will be taken into account by the jury.
 - The following equipment must be carried:** Touring skis with touring bindings, a functioning avalanche transceiver worn under clothing, helmet, backpack of sufficient size with contents: spare skins, aluminum rescue blanket 1.8m², weatherproof clothing for upper and lower body (wind stopper), mobile phone is recommended, avalanche shovel 0.04m²- 50cm, avalanche probe ø10mm - 2.4m
- Caution!!!** Avalanche transceiver and equipment checks will be carried out at the start and finish.
- Each participant is obliged to report to the nearest marshal if they drop out or give up. In any case, they must ensure that the race management is informed of their whereabouts in order to avoid costly and unnecessary searches.
 - Route changes are subject to weather conditions. The race can be cancelled at any time due to weather conditions or other reasons. In this case, the marshals must be obeyed at all times.
 - Each participant will receive a start number to attach to the right thigh.
 - The entire SKIMO regulations apply to the racing classes (see www.skimo.at).

